

Hair Test and EAV Test Instructions

Please read thoroughly before your consultation with Michele. Please also read the questions that are listed with your test.

- REMEDY SCHEDULE: Lists all suggested remedies and how to take them. Products under Arise and Before Sleep column are homeopathic and can be taken together under the tongue or in water. Take NOTHING by mouth except water 15-30 minutes before or after homeopathy. (Wait an hour for raw garlic, peppermint.)
- Products under the Breakfast, Lunch, and Dinner columns can be taken at the same time. Liquids under these columns are herbs and should be put in water.
- Readings:

This page indicates the balance or imbalance of the corresponding glands or organs listed. A reading closer to 50 is balanced. Above 50 indicates inflammation, the body is trying to fight something off. Below 50 indicates degeneration, there is chronic tissue.

- In your printout, anything listed with 6X, 12X, 30X, 3C, etc. is a frequency that has shown in your body. It can be a current frequency or from many years ago, it can even be a “genetic” frequency. The first remedy on the list is the 2 “X’s” on it is a remedy made with all the frequencies that have shown in your body and is specifically for you. X potencies are surface levels of the toxin, the higher the number the deeper the toxin is in your system and/or the longer it has been present. C’s are higher than X’s, M’s are higher than C’s.
- Product order sheet: This is where you will order anything that is not being shipped by Synergy Services.
- Take everything listed until you are finished with it. If it says “stay on” in the “stay on” column that means to reorder the product if you are out and stay on it until you are tested again. If you are out of the product and you are being retested within a week, you do not have to reorder.

If you go through anything you don’t understand, please call Michele at 772-708-3199. If you have questions about how you are feeling, please call Michele, if you just want to let Michele know how you are doing, please leave a message, she loves to hear from you. **Please DO NOT text or email Michele, PHONE CALLS ONLY.** She will return your call when she is available. Office hours are 9am to 5pm, however, Michele will call you back if it’s urgent after hours. If you have an emergency, please go to the Emergency Room.

If you have to reorder product or have a question about an order and/or to make another appointment please call or text 772-486-3779. Office hours are 9am to 5pm Monday through Friday. We will not answer, return calls on Saturday or Sunday, please do not leave messages or texts on Saturday or Sunday.